



St James CE Infant and Nursery School  
PE End Points

Baseline – PE endpoints		
Subject	Endpoint	Notes
Nursery Baseline	<ul style="list-style-type: none"><li>Begin to demonstrate balance</li><li>Begins to negotiate space carefully</li><li>Begin to take turns with others</li><li>Explore movement skills</li><li>Make guided choices</li><li>Follow instructions with support</li></ul>	Nursery will complete the school's baseline assessment
Reception Baseline	<ul style="list-style-type: none"><li>Demonstrate balance</li><li>Make independent choices</li><li>Negotiate space with the consideration of themselves and others</li><li>Follow instructions using several ideas or actions</li><li>Play cooperatively and take turns with others</li><li>Use movement skills with developing balance and coordination</li></ul>	Children will also complete statutory Reception Baseline Assessment



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Autumn 2		
Subject	Endpoint	Notes
Nursery	Explore movement skills, beginning to demonstrate balance and co-ordination when playing games	
Reception	Use movement skills with developing balance and co-ordination when playing games. Negotiate space safely with consideration for myself and others	
Year 1	Change direction when moving at speed Recognise changes in body when exercising Run at different speeds Select own actions in response to a task Show hopping and jumping movements Show balance and coordination when static and moving at a slow speed	
Year 2	Begin to turn and jump in a skipping rope Describe how their body feels during exercise Show balance when changing direction Show hopping, skipping and jumping movements with some balance and control. Work co-operatively with a partner and a small group Show balance and co-ordination when running at different speeds	



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Spring 2 - PE endpoints		
Subject	Endpoint	Notes
Nursery	<ul style="list-style-type: none"><li>Begin to explore a range of ball skills</li><li>Begin to negotiate space safely</li><li>Play ball games guided by the rules with support</li></ul>	
Reception	<ul style="list-style-type: none"><li>Play ball games with consideration of the rules</li><li>Use ball skills with developing competence and accuracy</li></ul>	
Year 1	<ul style="list-style-type: none"><li>Confident to perform in front of others</li><li>Link simple actions together to create a sequence</li><li>Make my body tense, relaxed, stretched and curled</li><li>Remember and repeat actions and shapes</li><li>Use apparatus safely</li></ul>	
Year 2	<ul style="list-style-type: none"><li>Perform the basic gymnastic actions with some control and balance</li><li>Plan and repeat simple sequences of actions</li><li>Use directions and levels to make my work look interesting</li><li>Use shapes when performing other skills</li></ul>	



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Summer 2– PE endpoints		
Subject	Endpoint	Notes
Nursery	<p>Use a range of large and small apparatus with an awareness of safety.</p> <p>Match skills to tasks and apparatus</p> <p>Explore movement skills.</p>	
Reception	<p>Negotiate space and obstacles safely, with consideration for themselves and others;</p> <p>Demonstrate strength, balance and coordination when playing;</p> <p>Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.</p>	Reception ELC assessments
Year 1	<p>Beginning to catch with two hands</p> <p>Beginning to dribble a ball with my hands and feet</p> <p>Beginning to understand simple tactics.</p> <p>Track a ball that is coming towards me</p> <p>Roll and throw with some accuracy towards a target</p>	
Year 2	<p>Track a ball and collect it.</p> <p>Send and receive a ball using both kicking and throwing and catching skills.</p> <p>Roll and throw a ball to hit a target.</p> <p>Dribble a ball with my hands and feet with some control</p> <p>Beginning to understand and use simple tactics.</p>	