

Rough Guide

to

Bullying



“Choose the right path”

This leaflet is designed to give parents and the school community an explanation about how we deal with bullying here at St James' C of E Infant and Nursery School.

We do not tolerate any forms of bullying at St James' C of E Infant and Nursery School.



Here at St James' C of E Infant and Nursery School, we want parents, staff and children to work together to create a happy, caring and safe learning environment for everyone.

What is bullying?

- We learn in Kidsafe that bullying is Several Times On Purpose and it must STOP
- Bullying behaviour deliberately causes hurt (either physically or emotionally)
- Bullying behaviour involves an imbalance of power (the person on the receiving end feels like they can't defend themselves)



Bullying is not:

- Teasing and banter between friends without intention to cause hurt
- Falling out between friends after a quarrel or disagreement
- Behaviour that all parties have consented to and enjoy

Different Types of Bullying

Bullying can be saying hurtful things

Bullying can be physically hurting someone

Bullying can be face to face

Bullying can be online via the internet; this can be via online games, apps such as Snapchat, Facebook, Instagram or by mobile phone*. Even children at Infant School age often have access to some form of Internet forum

Bullying can be Social, such as purposely excluding someone, encouraging others to do so or spreading rumours about someone

***Obviously children in our school shouldn't have access to these social media platforms but we educate children about what they can do if this happens**

Our Aims are:

- To instil in children that bullying is unacceptable
- To reduce and eradicate wherever possible the instances of bullying
- To keep parents informed of actions taken in response to a complaint

Everyone in school is expected to:

- Act in a respectful and supportive way towards one another
- Report all incidents of bullying
- Support each other and seek help to ensure that everyone feels safe and no-one feels excluded
- Follow the rules of Kidsafe



Parents can help by:

- Supporting our anti-bullying policy
- Supporting how we use our Christian values in school
- Discussing with their child's teacher any concerns that their child may be experiencing bullying or involved in some other way
- Helping to establish an anti-bullying culture outside of school

Share the SMART rules for Online Safety with your child:

Safe: Keep safe by being careful not to give out personal information when you're chatting or posting online. Personal information includes your email address, phone number and password.

Meet: Meeting someone you have only been in touch with online can be dangerous. Only do so with your parents' or carers' permission and even then only when they can be present. Remember online friends are still strangers even if you have been talking to them for a long time.

Accepting: Accepting emails, messages, or opening files, images or texts from people you don't know or trust can lead to problems – they may contain viruses or nasty messages!

Reliable: Someone online might lie about who they are and information on the internet may not be true. Always check information by looking at other websites, in books, or with someone who knows. If you like chatting online it's best to only chat to your real world friends and family.

Tell: Tell a parent, carer or a trusted adult if someone, or something, makes you feel uncomfortable or worried, or if you or someone you know is being bullied online.



What you should do if you suspect your child is being bullied:

- **Speak to your child to find out why they are unhappy**
Could it be simply a “falling out” of friends?
- **Speak to your child’s class teacher**
Are they aware of any incidents?

Any problems might easily be resolved at this stage by discussions between you and the class teacher and by the class teacher speaking to the children involved.

- **If you and the class teacher suspect bullying it will be referred to the Head Teacher.**

Read our Bullying Policy which forms part of our Behaviour Policy – this can be found on our website

www.st-james-inf.cumbria.sch.uk

or a hard copy can be obtained from the school office.

We take any forms of bullying very seriously at St James’ C of E Infant and Nursery School. Thankfully they are a rare occurrence however all instances will be dealt with severely. Any forms of bullying, verbal abuse, threats or attacks based upon race will be reported to the Local Authority.

For more information about safety, ask in the school office or go to:

www.thinkuknow.co.uk

www.safekids.co.uk

www.google.com/goodtoknow/familysafety/

www.watersafetykids.co.uk

www.juniorcitizen.org.uk/kids/

<https://www.kidsafeuk.co.uk/>

