



**St James' Church of England Infant and
Nursery School
5th December 2025**





Welcome to our weekly newsletter.

It's been a very busy start to December in school! Our whole school enjoyed a trip to the theatre to watch *Beauty and the Beast*, which was an unforgettable experience for everyone. We were also delighted to welcome staff from a local Infant school, giving us the opportunity to share good practice and strengthen our community links. Meanwhile, the excitement is building as dress rehearsals for our nativity plays are in full swing and our Christmas Fayre helped us to get into the festive spirit. Thank you to all the staff for their contributions to the organisation of the fayre.

Looking ahead, we can't wait to share the joy of our nativity productions with you next week!

Have a lovely weekend!

Mrs Moore









Parent Governor Election Result

PARENT GOVERNOR ELECTION

Bryony Hendren (Beau Robertson's Mum) had the most votes in our Parent Governor election ballot. We would like to welcome Bryony to our team. She will be able to attend and contribute to the next Full Governors meeting in the spring term.

Early Years Packed Lunches



Fruit Preparation Guidance for Under-5s

From September 2025, the updated EYFS framework includes stronger "Safer Eating" requirements. We have implemented these in school.

Why We're Slicing Fruit for Your Child

- **Reduce choking risk:** Firm or round fruit (e.g. grapes or cherries) should be **cut lengthwise then quartered**.
- **Citrus fruits (oranges, tangerines):** Naturally pulpy and less likely to form hazard shapes, **pose lower choking risk**, but still need to be **segmented and skin removed**.
- **Large or firm fruits:** Apples, melon, etc., should be **sliced into thin batons or wedges**, softened if needed.
- **Remove hard parts:** Stones, pips, tough skins, and seeds must be discarded before serving.

What This Means for Parents

- Please send apples in packed lunches chopped into smaller pieces.
- Please **avoid sending whole grapes, cherry tomatoes, nuts, or citrus segments** with skins, as these pose hazards to young children.

Thank you for your understanding and support in keeping our youngest learners safe.

No hooped/ dangly earrings policy



Some children are starting to come to school wearing lovely Christmas earrings. Due to the danger of hooped and dangly earrings, please could we ask that these are worn at home only. Our children are very active in school and they can easily become caught which would result in a nasty injury.

Nativity



Our Nativity performances are next week. They are ticket only events. Due to fire regulations, tickets are limited to 2 per family per show. These are available to buy on SchoolMoney.

Early Years (Nursery and Reception) will be on Monday (8th December) at **9.30am and 2.30pm**.

Key Stage 1 (Year 1 and Year 2) will be on Tuesday 9th December at **9.30am and 2.00pm**.

Applying for Reception and Transferring to Junior School



Cumberland
Council



Apply now for school places in September 2026

cumberland.gov.uk/applyforaschoolplace

Cumberland School Admissions are reminding parents of the deadline to apply for places in Reception and Year 3 for September 2026 is 15th January 2026. All children moving from our Nursery to Reception next year still need to apply through Cumberland Council as do our current year 2 children moving onto the Juniors. You can use the link below to apply:

[Apply for a school place or change schools | Cumberland Council](https://cumberland.gov.uk/applyforaschoolplace)

Upcoming Church Services and Community Events



FAMILY SERVICE

In St. James'

Church

2nd NOVEMBER

7th DECEMBER

11:30am

**Followed by bacon butties &
hotdogs in the community centre**



**YOU ARE
WELCOME
HERE**





Cumberland Council

Cumberland Family Hub.



All activities are 4:30pm-6:30pm and all children must be accompanied by an adult- please book your place via the QR code

Family Hub on the Border 8th December
Wigton Family Hub 10th December
Millom Family Hub 15th December
Family Hub on the Harbour 16th December
Chances Family Hub 16th December
Family Hub in the Port 17th December
Westfield Hub Family Hub 18th December



Hensingham ARLFC Recruitment!



Under 12's, years 6 & 7.
Training Tuesdays 7.15pm - 8.15pm @ Whitehaven School Astro.



Under 15's, Years 9 & 10.
Training Mondays 6pm - 7pm & Thursdays 7pm - 8pm @ St Benedicts School Astro.
This team are in NWC's league, commitment to travelling is a must (transport provided).



Girls, years 6 - 9
Training Wednesdays 7pm - 8pm @ St Benedicts School Astro.

Our weekly celebrations



Headteacher Award- Beau Rou

Learners of the week

Great Gable- Stormi

Melbreak- Ember

Catbells- Bodhi

Scafell- Zachary

Skiddaw- Oliver

Handwriters of the week

Sam, Lowe, Deliliah and Max

Silver Reading Certificate- group of children from Skiddaw

Achievements outside of school

Blake and Noah J- Rugby

Chloe- swimming and Razzmatazz



Cumbria Safeguarding
Children Partnership



C S C P

If you **SEE** something... **SAY** something!

Are you concerned about a child or family?

If you **see** or hear something that worries you...
say something!

Safeguarding is everyone's responsibility.

To report a child safeguarding concern call:

Cumberland Safeguarding Hub – **0333 240 1727**

Westmorland and Furness Safeguarding Hub – **0300 373 2724**

NSPCC on **0808 800 5000**

In an emergency call **999**

Help us keep our children safe in Cumbria

Got an itch? Tummy trouble? Tickly cough?

NHS



Head to your
local pharmacy.

Did you know?
Pharmacists across
the North East and
North Cumbria can
offer advice and FREE
treatment for a wide
range of common
conditions* – just like
having a prescription
from your GP!

Please ask your
pharmacy team
for more details
and eligibility.

UTI's non pregnant women 16-64 years

Shingles 18 years+

Impetigo 1 year+

Sore throat 5 years+

Sinusitis 12 years+

Infected insect bites 1 year+

Earache 1 to 17 years

Additional conditions can be treated, without the need to visit a GP.
Ask a member of your pharmacy team about the minor ailments scheme.

Step 1

Go to your local community pharmacy (chemist)
about your illness and they will offer advice.

Step 2

If needed, you will be offered treatment and
if you qualify, this will be given free of charge.

Step 3

A suitable medicine may be offered to you.*
*You qualify for free treatment if you do not pay for your prescriptions.



Find further information at:
www.thinkpharmacyfirst.health

HERE
TO
HELP



NHS
North Cumbria
Integrated Care
NHS Foundation Trust

E-School Nurse Video Clinics (By appointment only)



Twice weekly online health support and advice for
parents, carers and professionals who are supporting
children and young people aged 5-19 years old.

Tuesday and Thursday

You will be able to talk to the nurse over a live video link using
[Attend Anywhere](#). The link is private, secure, confidential and
convenient.

In consultation with you, the nurse will assess the child or young person's
health problem and provide you with the support and advice needed.

For more information on the **E-School Nurse video clinic**

Please read the information leaflet or visit:
www.cumbria.gov.uk/ph5to19

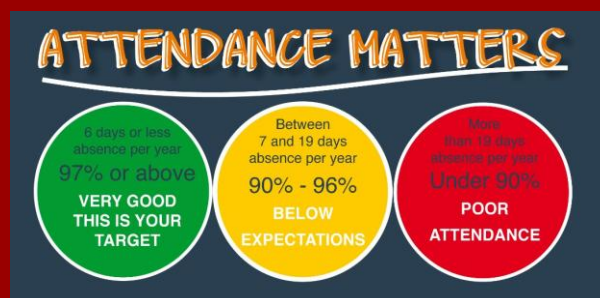
You can telephone for an appointment
01228 603973 Mon-Fri 8-4pm



happierhealthiercommunities.

NCIC/E-SN/Poster_Alt022021 | APPENDIX 02

Attendance and punctuality



Skiddaw are our attendance winners this week with **100%**! Well done everyone !

The more children are in school the more the children have chances to succeed. Good attendance correlates strongly to good attainment and progress.

Our whole school attendance this week was **96.2%** , **2.7% higher** than the Primary National average of **93.5%** but we have had a number of viruses circulating this week. Hopefully we will be back up to our usual excellent attendance next week. Thank you, we appreciate your commitment to helping us secure very good attendance. It really does pay dividends for your child's progress.

Attendance %	Days present in a school year	Average number of days missed per term	Days missed in a school year
100%	190	0	0
90%	171	6.33	19
80%	152	12.66	38
70%	133	19	57
60%	114	25.33	76
50%	95	31.66	95



































- 5 minutes late each day = 3 days lost per year
- 10 minutes lost per day = 6 days lost per year
- 15 minutes late each day = 10 days lost per year
- 20 minutes late every day = 13 days lost per year
- 30 minutes late every day = 19 days lost per year

Breakfast club/ After school club

Breakfast and After School Club Bookings are to be made in advance via our online system School Money. Please note that you cannot book via School Money on the day, all bookings must be made by midnight the day before. For emergency bookings at short notice you can still ring the school office. Feel free to book in for any odd sessions that your child would like to attend. Sessions run from 3.15pm-5.15pm. The cost is £5.50 for the session, and pick up can be anytime up until 5.15pm from the middle Key Stage 1 classroom (door with the ramp on the bottom yard)..

Activities

Lots of different activities are provided each day for the children. They are welcome to choose from a variety of different games, crafts, construction and many other activities as well as our set activity for the day.

After School Club Activities 2025 –2026 Autumn 2					
W/C	Monday	Tuesday	Wednesday	Thursday	Friday
3rd Nov	Cars & Trains 	Bonfire Night Crafts 	Clay Modelling 	Lego Club 	Small World Animals 
10th Nov	Board Games & Jigsaws 	Small World Play 	Pirates & Dolls 	Arts & Crafts Hand Print Acorns 	Dance and Party Games 
17th Nov	Arts & Crafts Autumn Trees 	Lego Club 	Phunky Foods Biscuit Decorating 	Construction, Cars & Trains 	Movie Night 
24th Nov	Phunky Foods Sandwiches 	Small World Dinosaurs 	Games & Jigsaws 	Mindful Colouring & Reading 	Arts & Crafts Autumn Paper Chains 
1st Dec	Lego Club 	Arts & Crafts Snowflakes 	Dance & Party Games 	Clay Modelling 	Board Games & Jigsaws 
8th Dec	Small World Play Animals 	Mindful Colouring & Reading 	Arts & Crafts Christmas Baubles 	Board Games 	Cars & Trains 
15th Dec	Christmas Crafts 	Lego Club 	Christmas Activities 	Dance & Party Games 	No After School Club

Feel free to book on for regular or one-off sessions if your child would like to attend. Sessions cost £5.50 and run from 3.15pm-5.15pm pick up at any point in between these times. All bookings should be made via SchoolMoney.

Lunch Orders



School lunches need to be ordered through the School Money system. They can be ordered in advance for the rest of the half term but they must be ordered by the day before at the latest. If your child is bringing in a packed lunch from home, please ensure you select that option on School Money so that the office are aware. Packed lunches must not contain fizzy drinks or (as stated above) any items that contain or may contain nuts.

School Lunch Menu

Plus: Filled Jacket Potato options and Wraps/Sandwiches Available each day

AUTUMN WEEK 2				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken / Quorn Nuggets Potato Waffles with Spaghetti Hoops or Cheese and Ham Toasted Wrap with Cucumber and Pepper Sticks Iced Chocolate Red Velvet Cake or Fruit	Lamb Meatballs in Gravy with Pasta and Broccoli or Chicken / Quorn Kebab with Lettuce and Raisin Salad Arctic Roll with Blueberries or Fruit	Sausages, Mashed Potatoes and Beans or Sweet and Sour Noodles with Naan Bread Raspberry Fairy Cake or Fruit	Battered Cod with Potato Wedges or Cottage Pie Peas Vanilla Biscuit & Chocolate Milk or Fruit	Pepper Pizza with Sweetcorn or Turkey Escalope with New Potatoes, Carrots and Gravy Yoghurt or Fruit

Upcoming diary dates



Monday 8th December- Early Years Nativities (9.30am and 2.30pm)

Tuesday 9th December- Year 1 and 2 Nativities (9.30am and 2pm)

Wednesday 17th December- Christmas jumper day, Christmas dinner and Christmas party

Friday 19th December- Joint Christmas Carol service at church (12.15pm)

Break up for the Christmas holidays (1.15pm)

Wednesday 7th January- School reopens for the beginning of the Spring Term

Contact Us



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Visit us on the web at www.st-james-inf.cumbria.sch.uk