



**St James' Church of England Infant and  
Nursery School  
31st January 2025**





Welcome to our weekly newsletter.

It has been lovely to welcome Miss Sapsed back in school this week after her recent surgery on her hand. She is hoping to be back in class after the half term holiday, all being well. Mr Weir is covering the majority of the next two weeks to ensure consistency for the Reception. Miss Sapsed will be working in school with amended duties for the next two weeks.

The children have enjoyed a wide range of learning opportunities this week. Nursery have continued their Superhero theme. Reception have been doubling in maths. In English, they have been reading 'The Magic Paintbrush' and writing letters to the villagers in the story. In science the children have been exploring simple reversible changes with materials such as ice. Today they have looked at Costa Rica on the map and they have found out about the journey of a banana.

Year 1 and 2 have been investigating the suitability of different materials for different purposes- the children liked the hands on approach! In English, the children have started reading their new book '*Leo and the Octopus*' and they have been thinking about how they are all unique. In Geography, the focus has been comparing physical and human features in England and Scotland. Everyone has been working hard and pushing themselves with all their subjects- great perseverance.

It's been nice for the classes to enjoy some of their playtimes in the sun this week and make more use of the playground resources.

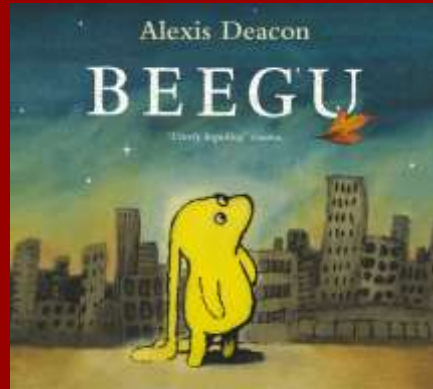
Have a lovely weekend,

Mrs Moore



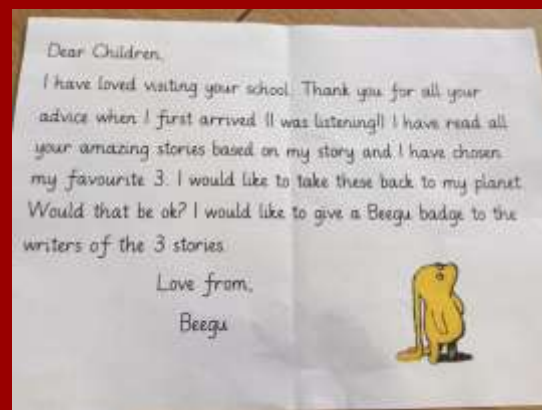


## Beegu Writing Awards



One of our objectives for raising the profile of writing is for children to write for specific audiences and purposes. This week the children have been writing to the fictional story character of 'Beegu'. Beegu has looked through all of the pieces of writing and she has selected three stand out entries.

The winners this week have been **Sienna, Kain and Elijah**.



## Supervision after school



This week we have had a couple of near misses after school. One child ran across the road as they were not beside their adult and other children have narrowly missed accidents from falling from the trees/ external walls of the school.

Please can we ask that all children are with their adults and closely supervised after school to avoid these type of things happening. **The children should not be climbing on trees and playing on our play equipment unsupervised after 3.15pm.**

We would appreciate your support with this to ensure the safety of all of our children.

## Reception visit to Strudda Bank Farm



Payments are now live on School Money for the Reception Visit to Strudda Bank Farm on Thursday 13th February. Further details are available on the letters issued this week.

## Hawse End Residential for Year 2



The countdown is on for our annual residential to Hawse End outdoor centre in Portinscale. The visit is due to take place on Thursday 1st and Friday 2nd May, to hopefully take advantage of warmer weather. **The initial deposit is due by Friday 28th February to secure your child's place.** In preparation for the visit, we will be talking to the children about what to expect, the types of outdoor activities involved and what they will be doing. We will also be holding a meeting for parents to share key information and an equipment list closer to the time.

We recognise that staying away from home overnight can be a big step, particularly if children aren't used to sleep overs. If you have any questions related to the trip, please contact us and we will be happy to help.

## New Scouts group: Squirrels



1st Hensingham scouts group are hoping to start a 'squirrels' group (<https://www.scouts.org.uk/squirrels/>)

This is for 4-6 year olds, but they need to gather interest before they can get it up and running, if anyone would like to register their interest they can by filling in the short form at the bottom of this page <https://www.scouts.org.uk/groups/10012538?loc=Whitehaven&slug=1st-Hensingham>

## Our weekly celebrations



**Headteacher Award-** Finley

**Learners of the week**

Great Gable- Amelia

Melbreak- Ivy

Catbells- Charlotte

Scaffell- Mahnaz

Skiddaw- Xander

**Handwriters of the week**

Well done to Emma, Myla, Charlie-Cole and Remi

Congratulations to our group of bronze, silver and gold reading award winners.

Well done to Mario, Charlotte and Seb for achievements in gymnastics, Brownies and football this week.







# Family Service

First Sunday of each month

**11.30am til 12 noon**

**At St. James' Church**

**Followed by free bacon butties in the  
Community Centre**



**A service specially for families with young  
children, but all are most welcome!**

**2nd February**

**2nd March**

# ST. JAMES TODDLER GROUP

Come join us and be sure of a warm welcome, where everyone can feel relaxed. From the tiniest of babies, right up to those starting school and their carers.



2pm to 3pm

St James' Community Centre

(opposite Church)

7th & 21st of January

4th February

4th & 18th March

(with refreshments)

# Got an itch? Tummy trouble? Tickly cough?

NHS



Head to your  
local pharmacy.

Did you know?  
Pharmacists across  
the North East and  
North Cumbria can  
offer advice and FREE  
treatment for a wide  
range of common  
conditions\* – just like  
having a prescription  
from your GP!

Please ask your  
pharmacy team  
for more details  
and eligibility.

**UTI's** non pregnant women 16-64 years

**Shingles** 18 years+

**Impetigo** 1 year+

**Sore throat** 5 years+

**Sinusitis** 12 years+

**Infected insect bites** 1 year+

**Earache** 1 to 17 years

Additional conditions can be treated, without the need to visit a GP.  
Ask a member of your pharmacy team about the minor ailments scheme.

## Step 1

Go to your local community pharmacy (chemist)  
about your illness and they will offer advice.

## Step 2

If needed, you will be offered treatment and  
if you qualify, this will be given free of charge.

## Step 3

A suitable medicine may be offered to you.\*

\*You qualify for free treatment if you do not pay for your prescriptions.



Find further information at:  
[www.thinkpharmacyfirst.health](http://www.thinkpharmacyfirst.health)

HERE  
TO  
HELP



# E-School Nurse Video Clinics (By appointment only)



Twice weekly **online health support and advice for parents, carers and professionals who are supporting children and young people aged 5-19 years old.**

## Tuesday and Thursday

You will be able to talk to the nurse over a live video link using **Attend Anywhere**. The link is private, secure, confidential and convenient.

In consultation with you, the nurse will assess the child or young person's health problem and provide you with the support and advice needed.

For more information on the **E-School Nurse video clinic**

Please read the information leaflet or visit:

**[www.cumbria.gov.uk/ph5to19](http://www.cumbria.gov.uk/ph5to19)**

You can telephone for an appointment

**01228 603973 Mon-Fri 8-4pm**



**happierhealthiercommunities.**

## Attendance and punctuality



**Melbreak and Catbells** were our joint attendance winners with **100%**! Well done everyone!

The more children are in school the more the children have chances to succeed. Good attendance correlates strongly to good attainment and progress.

Our whole school attendance this week was **96%**, **1.4%** higher than the Primary National of **94.6%**.

Attendance %	Days present in a school year	Average number of days missed per term	Days missed in a school year
100%	190	0	0
90%	171	6.33	19
80%	152	12.66	38
70%	133	19	57
60%	114	25.33	76
50%	95	31.66	95

- 5 minutes late each day = 3 days lost per year
- 10 minutes lost per day = 6 days lost per year
- 15 minutes late each day = 10 days lost per year
- 20 minutes late every day = 13 days lost per year
- 30 minutes late every day = 19 days lost per year

## Breakfast club/ After school club



Breakfast and After School Club Bookings are to be made in advance via our online system School Money. Please note that you cannot book via School Money on the day, all bookings must be made by midnight the day before. For emergency bookings at short notice you can still ring the school office. Feel free to book in for any odd sessions that your child would like to attend. Sessions run from 3.15pm-5.15pm. The cost is £5.50 for the session, and pick up can be anytime up until 5.15pm from the side entrance of the school on the top yard.

### Activities

Lots of different activities are provided each day for the children. They are welcome to choose from a variety of different games, crafts, construction and many other activities.

## Lunch Orders



School lunches need to be ordered through the School Money system. They can be ordered in advance for the rest of the half term but they must be ordered by the day before at the latest. If your child is bringing in a packed lunch from home, please ensure you select that option on School Money so that the office are aware. Packed lunches must not contain fizzy drinks or (as stated above) any items that contain or may contain nuts.

### St James' C of E Infant and Nursery School Menu Spring 2024/25



Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Chicken or Quorn Nuggets, Potato Wedges	Tomato Pasta	Fish Cake & Rice with Tomato Ketchup	Pepper Pizza with Sweetcorn	Roast Turkey, Potato Waffles & Beans
Options	Sticky Beef & Noodles	Roast Ham and Cous Cous	Cheese Pie with New Potatoes	Beef Lasagne with Celery and Raisin Salad	Vegetable Noodles with Garlic Bread
Vegetables	Sweetcorn	Broccoli	Peas		
To Order *	Jacket Potato or Sandwich	Jacket Potato or Sandwich	Jacket Potato or Sandwich	Jacket Potato or Sandwich	Jacket Potato or Sandwich
Dessert	Chocolate Krispie Cake Or Fruit	Iced Coconut & Lime Sponge or Fruit	Vanilla Biscuit & Hot Chocolate or Fruit	Fruit or Yoghurt	Apricot Flapjack or Fruit
* Jacket Potato options: Cheese, Tuna or Beans.			*Sandwich options, Ham, Cheese, or Tuna.		

Please note that the responsibility will remain on school to ensure general safety standards are met.

## Upcoming diary dates



Monday 3rd February- Children's Mental Health week

Friday 7th February- 'Dream Jobs' STEM lego session for Skiddaw (through Altrad)

Monday 10th February- Full Governors meeting

Tuesday 11th February- Safer Internet Day

Thursday 13th February- Reception visit to Strudda Bank Farm, Seascale

\*\*\*\*\* **FEBRUARY HALF TERM WEEK BEGINNING MONDAY 17TH FEBRUARY** \*\*\*\*\*

Tuesday 25th February- Library bus visit

Thursday 6th March- World Book Day

Friday 7th March- 'Dream Jobs' STEM lego session for Scafell (through Altrad)

Monday 10th March- Reception multi skills event at St Benedicts

Monday 17th March- Scholastic Book Fayre

Tuesday 18th March- U Dance Performances at the Carnegie Theatre- 3.30pm and 5.30pm

Wednesday 19th March- Parents meetings

Thursday 20th March- Parents meetings

Monday 31st March 2.45pm - Hawse End meeting for Year 2 parents

Tuesday 1st April- Easter Gardens for Year 1 and 2

Wednesday 2nd April- Easter Experience at the church for Year 1 and 2

Friday 4th April- End of the spring term.

- **Additional dates will be added in bold throughout the term**
- Catbells 'Dream Jobs' session is the following half term.

## Contact Us



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Visit us on the web at [www.st-james-inf.cumbria.sch.uk](http://www.st-james-inf.cumbria.sch.uk)