



**St James' Church of England Infant and
Nursery School
26th June 2026**



Welcome to this week's newsletter!

Another busy (and hot) week in school. The children have been frazzled with the heat, but have coped brilliantly. Thank you for sending them in sun cream, sun hats etc which has been a great help.

We have had a wonderful turn out for Sport's Afternoon and lots of fun was had. Thank you to Mr Butterworth for cutting the grass and to those that provided gazebos for the children. We truly appreciate it.

A huge thank you to everyone who donated to and came to our Summer Fayre. We made the amazing amount of. £1172! Thank you for your continued support, it was a brilliant turn out and lovely afternoon.

Nursery are having a busy time of it. This week they have been busy making spiders linked to their 'In the garden' theme and learned lots of new facts about what spiders are.

Reception have been completing lots of super independent writing this week. I have been amazed by their progress this year. Well done children and the Early Years staff.

Pupils in KS1 have started a new book in English called 'A Walk in London'. They have used the book to write imperative verb sentences.

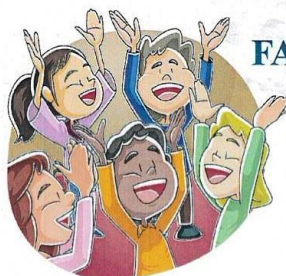
Have a restful weekend and thank you for all your support recently,

Miss Sapsed





Upcoming Church Services and Community Events



 *the parish of*
WHITEHAVEN

FAMILY SERVICE

In St. James'

Church

1st SUNDAY

OF THE MONTH

11:30am

**Followed by bacon butties &
hotdogs in the community centre**



**YOU ARE
WELCOME
HERE**



West Cumbria
Dyslexia Association



Helpline 07704 326 452

West Cumbria Dyslexia Association



Saturday 4th July 2026 10am-12pm

The Presbytery, Kirkby Street, Maryport, Cumbria, CA156EX



Come and talk to us!

Saturday hubs : Maryport support is Sharon, Christine ,Abi, Jean and Lucy

Try our resources!



Registered Charity No: 010118



ST. BEES
FOOTBALL CLUB
RECRUITING
NEW PLAYERS!

CHILDREN GOING INTO
YEAR 3

MUST LOVE 
FOOTBALL!

- ☒ LEARN NEW SKILLS
- ☒ MAKE NEW FRIENDS
- ☒ BE PART OF A TEAM

U8s TEAM

JOIN OUR ST. BEES FAMILY!

CONTACT US TODAY!
07527990671

TOGETHER WE CAN
ACHIEVE GREAT THINGS

PLAY • LEARN • ENJOY



Cumberland's Holiday Activities and Food Programme



Book now eequ.org/cumberlandhaf

What is HAF

The Holiday Activities and Food (HAF) programme provides free, fun-filled activities and nutritious meals for children and young people during the school holidays. Designed to support families, HAF offers a wide range of sessions – from sports and crafts to cooking and outdoor adventures – delivered by local providers in a safe and welcoming environment. The programme helps children stay active, make new friends, learn new skills and enjoy healthy food throughout the holidays.

Who is HAF for

The Holiday Activities and Food (HAF) programme is aimed at statutory school-age children and young people (Reception-Year 11) young people who receive benefits-related free school meals, as well as families who may need extra support during the school holidays.

If you are not eligible for a funded place, many of our providers offer paid places.

To check eligibility
please visit:



SCAN ME

How to book

All Cumberland HAF bookings are made through the EEQU booking system, on EEQU you:

- Do not need a HAF code to book
- Can contact providers with any questions through direct messages
- Check each providers SEND accessibility checklist
- Will see more detailed information about each activity
- Can access a more visual and user-friendly platform
- Can request bookings for multiple children at the same time

To see what's on offer and to book, visit: eequ.com/cumberlandHAF



SCAN ME

For any enquiries, please email HAF@cumberland.gov.uk



SUMMER

HOLIDAY ACTIVITIES

LOCATIONS:

Carlisle (Football & Gym and Dance)
Wigton (Football only)
Whitehaven (Football only)
Penrith (Football only)
Cockermouth (Football only)
Keswick (Football only)
Maryport (Football only)

21 July - 28 August

Book now via Abler:



For further information
Email: Sam.Tickner@carlisleunitedcst.co.uk or Phone: 01228 554169

"Inspiring People To Participate, Develop and Achieve Their Goals Through The Power of Sport."



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21 July - 28 August

Limited free HAF Places here:



For further information
Email: Sam.Tickner@carlisleunitedcst.co.uk or Phone: 01228 554169

"Inspiring People To Participate, Develop and Achieve Their Goals Through The Power of Sport."

Our weekly celebrations



Headteacher Award- Cora

Learners of the week

Great Gable- Fareed and Isla

Melbreak- Esther

Catbells- Vova

Scafell- Emma

Skiddaw- Ruhan

Superstar Readers - Daisy, William and Zara

Handwriters of the week - Sam K, Florrie, Ava and Beau

Out of school achievement - Alfie, Bodhi, Toby and Elijah

Golden Wellie - Kaitlynn and Soolihah





Hymnathon



Reverend Alison is celebrating 30 years as a priest and is fundraising for church funds. If you would like to donate and vote:

[Just Giving Link](#)

Hymnathon

Saturday 27th June from 10.30am to 4pm at St James' Church, Whitehaven.

To celebrating Rev Alison's 30 years as a priest in the Church of England

I have selected 30 hymns that have been significant to me, or that I just like. (see hymn choice overleaf). There will be the opportunity to vote for your favourite hymn from my list as you make a donation to church funds. The "Just Giving" page details are:

[Justgiving.com/crowdfunding/alison-dobell-2](https://www.justgiving.com/crowdfunding/alison-dobell-2)

You will also be able to vote by putting your donation in an envelope and writing your hymn choice on the outside, all voting can be done in advance or on the day.

On the Saturday the hymns will be sung in ascending order, until we get down to the final six. If you want your choice of hymn to make it into the top six you can vote again with another donation, as many times as you like, voting will continue until that hymn has been sung.



You can pop in and out during the day to listen or join in signing the hymns, refreshments will be served at coffeetime, lunchtime and teatime.

Hope to see you there and thank you for your support.

Rev Alison

The Thirty Hymns (in alphabetical order)

1. Alleluia, alleluia give thanks to the risen Lord
2. Alleluia, sing to Jesus
3. And can it be
4. As the deer pants for the water
5. Be still for the presence of the Lord
6. Be still my soul
7. Broken for me, broken for you
8. Colours of day
9. Come down O Love divine
10. Come Holy Ghost our souls inspire
11. Do not be afraid
12. Hills of the north rejoice
13. I cannot tell why him whom angels worship
14. I, the Lord of sea and sky
15. I watch the sunrise
16. In the bleak-mid winter
17. Let all mortal flesh keep silent
18. Like a candle flame
19. Lord for the years
20. Lord, the light of your love is shining
21. Now the green blade riseth
22. O for a thousand tongues (tune Lyngham)
23. O thou who camest from above (tune Hereford)
24. Praise to the Holiest (tune Gerontius)
25. Seek ye first the Kingdom of God
26. The Lord's my shepherd (tune Townend)
27. Thine be the glory
28. To God be the glory
29. When I survey the wondrous cross (tune Rockingham)
30. You shall go out with joy

Parking Outside School



We have noticed an increasing number of parents parking on the zig zags and yellow no parking writing outside the school. These lines are there to ensure that there are clear lines of sight and for the safety of our children and families. We have had an increased Police presence around both schools linked to parking recently, to tackle issues such as this and have been told to report if needed. You will be asked by a member of staff to move if you are parked there, as our children's safety is paramount.

Cumbria Safeguarding
Children Partnership



C S C P

If you **SEE** something... **SAY** something!

Are you concerned about a child or family?

If you **see** or hear something that worries you...
say something!

Safeguarding is everyone's responsibility.

To report a child safeguarding concern call:

Cumberland Safeguarding Hub – **0333 240 1727**

Westmorland and Furness Safeguarding Hub – **0300 373 2724**

NSPCC on **0808 800 5000**

In an emergency call **999**

Help us keep our children safe in Cumbria

Got an itch? Tummy trouble? Tickly cough?



Head to your local pharmacy.

Did you know?
Pharmacists across
the North East and
North Cumbria can
offer advice and FREE
treatment for a wide
range of common
conditions* – just like
having a prescription
from your GP!

Please ask your
pharmacy team
for more details
and eligibility.

UTI's non pregnant women 16-64 years

Shingles 18 years+

Impetigo 1 year+

Sore throat 5 years+

Sinusitis 12 years+

Infected insect bites 1 year+

Earache 1 to 17 years

Additional conditions can be treated, without the need to visit a GP.
Ask a member of your pharmacy team about the minor ailments scheme.

Step 1

Go to your local community pharmacy (chemist)
about your illness and they will offer advice.

Step 2

If needed, you will be offered treatment and
if you qualify, this will be given free of charge.

Step 3

A suitable medicine may be offered to you.*
*You qualify for free treatment if you do not pay for your prescriptions.



Find further information at:
www.thinkpharmacyfirst.health



E-School Nurse Video Clinics (By appointment only)



Twice weekly **online health support and advice for
parents, carers and professionals who are supporting
children and young people aged 5-19 years old.**

Tuesday and Thursday

You will be able to talk to the nurse over a live video link using
[Attend Anywhere](#). The link is private, secure, confidential and
convenient.

In consultation with you, the nurse will assess the child or young person's
health problem and provide you with the support and advice needed.

For more information on the **E-School Nurse video clinic**
Please read the information leaflet or visit:

www.cumbria.gov.uk/ph5to19

You can telephone for an appointment
01228 603973 Mon-Fri 8-4pm



happierhealthiercommunities.

BEACH SAFETY TIPS

Stay Safe While Enjoying the Sun, Sand & Sea!

BEFORE YOU GO



Check the weather & tide reports
Know the beach flag system
Apply sunscreen (SPF 30+)
Stay hydrated – bring water

UNDERSTAND THE FLAGS



Red and Yellow
Safe swimming area
Black and White Chequered Flag
Surfing and watercraft zone
Red Flag
Danger

IN THE WATER



Swim near lifeguards
Never swim alone
Avoid rip currents – swim parallel if shore

FOR FAMILIES



Keep kids within arm's reach
Set up a meeting point
Have emergency contacts saved



EMERGENCY?
Call 999
or alert a lifeguard



Call 999
or alert a lifeguard
Know your location for faster help



water safety
Scotland

WATER SAFETY CODE



Stop and Think, Spot the Dangers

If you are thinking of being near or entering the water, have you considered the following?



Be aware of cold water shock



Keep off all frozen waters



Check for safety signage



Avoid alcohol and drugs



The depth of the water may hide underwater ledges, hidden currents and unseen items



Be aware of other water activities



If it is safe to enter the water, ensure you have a safe way out



At the coast, consider rip currents, wind and the tide



Stay Together, Stay Close

It is better to go near the water with a friend or family member



If you are in trouble in the water, float until you feel calm. Lean back, extend your arms and legs. Float until you can control your breathing. Then call for help or swim to safety.



In an Emergency, Call 999



If you see someone in trouble DO NOT enter the water



Look for a throw line or life ring to help whilst you wait on the emergency services

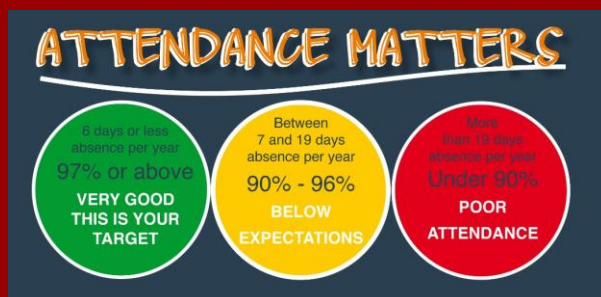


Call 999 or 112

TOP TIP: Thinking of taking part in a planned activity?

To enjoy your activity to the full, check that your provider is fully insured, with skilled staff and the relevant accreditation.

Attendance and punctuality



Scafell were our attendance winners this week with 100%! Well done everyone !

The more children are in school the more the children have chances to succeed. Good attendance correlates strongly to good attainment and progress.

Our whole school attendance this week was 98.3%, **3.5% higher** than the Primary National average of **94.8%**. Well done to everyone who came into school this week. Thank you, we appreciate your commitment to helping us secure very good attendance. It really does pay dividends for your child's progress.

Attendance %	Days present in a school year	Average number of days missed per term	Days missed in a school year
100%	190	0	0
90%	171	6.33	19
80%	152	12.66	38
70%	133	19	57
60%	114	25.33	76
50%	95	31.66	95

- 5 minutes late each day = 3 days lost per year
- 10 minutes lost per day = 6 days lost per year
- 15 minutes late each day = 10 days lost per year
- 20 minutes late every day = 13 days lost per year
- 30 minutes late every day = 19 days lost per year

Breakfast club/ After school club



Breakfast and After School Club Bookings are to be made in advance via our online system School Money. Please note that you cannot book via School Money on the day, all bookings must be made by midnight the day before. For emergency bookings at short notice you can still ring the school office. Feel free to book in for any odd sessions that your child would like to attend. Sessions run from 3.15pm-5.15pm. The cost is £5.50 for the session, and pick up can be anytime up until 5.15pm from the middle Key Stage 1 classroom (door with the ramp on the bottom yard)..

Activities

Lots of different activities are provided each day for the children. They are welcome to choose from a variety of different games, crafts, construction and many other activities as well as our set activity for the day.

Lunch Orders



School lunches need to be ordered through the School Money system. They can be ordered in advance for the rest of the half term but they must be ordered by the day before at the latest. If your child is bringing in a packed lunch from home, please ensure you select that option on School Money so that the office are aware. Packed lunches must not contain fizzy drinks or (as stated above) any items that contain or may contain nuts.

We have had a number of children recently, not liking their choice of meal. Please can parents check with their child when ordering, as they will know from having it before if they like it or not.

School Lunch Menu

Plus: Filled Jacket Potato options and Wraps/Sandwiches Available each day

SUMMER WEEK 2				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pineapple Pizza	Pork Meatballs / Vegan Sausage in Tomato Sauce with Pasta and Broccoli	Roast Turkey / Quorn Pieces, Roast Potato, Carrot & Swede Mash and Gravy	Cottage Pie / Veggie Mince Cottage Pie topped with Sliced Potato	Fish Fingers Potato Waffles and Beans
or	or	or	or	or
Roast Salmon Steak with New Potatoes & Tomato Ketchup	Chicken Fried Rice and Naan Bread	Toasted Cheese and Ham Wrap, Lettuce and Tomato	Battered Chicken Burger, Potato Wedges and Tomato Ketchup	Minced Beef Enchiladas, Sweetcorn & Peas
Sweetcorn				
Chocolate Flapjack Fruit	Lemon Muffin Fruit	Yoghurt Fruit Cocktail	Peas Frozen Mousse Fruit	Toffee Apple Crumble & Custard Fruit

Upcoming diary dates



- 29th June - KS1 trip to St Bees
- 1st July - Move Up Morning
- 9th July - Y2 Performance of Aladdin - 9.30 and 5.00 (more information to follow)
- 14th July - OPAL Assessment
- 15th July - Y2 Leaver's Service at Church 2.30p.m.
- 17th July 1.30 - Finish for Summer (No After School Club that day)

**Please note further dates will be added as they arise throughout the term.*

Contact Us



St James' C of E Infant and Nursery School

High Street

Whitehaven

CA28 7PZ

01946 691970

admin@st-james-inf.cumbria.sch.uk

Visit us on the web at www.st-james-inf.cumbria.sch.uk